

#### AFTERCARE GUIDE

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This guide offers aftercare advice following treatment to ensure that you achieve optimum results.



### What will happen immediately after I have the treatment?

After ELLANSÉ has been injected, the treating physician may mould and gently massage the product into place. It is not advised for you to do any further massage to the treated area.

### Are there any side effects from the treatment?

As with all fillers, there may be some swelling, localised redness at the injection site, itching and tenderness immediately after the treatment. These reactions are normal and will generally resolve by themselves within a few days.





## B How can I manage any bruising that occurs?

Bruising may be reduced with the application of ice-packs immediately following treatment. Application of vitamin K cream or arnica gel may also be used to speed up the resolution of bruising.

# Can I wear make-up after the treatment?

Avoid applying make-up to the treated area(s) for the first 24 hours after treatment, however after this, make-up can be applied as normal.





Do not undergo major dental procedures for 3-4 weeks following treatment.

## What other aftercare advice should I know?

Avoid vigorous exercise for 3 days after treatment and avoid exposure to extreme heat or cold for 48 hours after treatment.





#### When can I expect to see the results?

It is important to wait until any injectionrelated symptoms have resolved to see the results. Over the course of a few months, ELLANSÉ will stimulate your body's natural collagen production for the lasting correction of wrinkles and ageing signs or conditions.

#### Your next appointment date and time:

Please note: If you experience any side effects or have questions after your treatment please consult your physician. Before having any further aesthetics treatments after ELLANSÉ, please consult your physician for advice. The above are not intended as a replacement to the advice and recommendations of your treating physician.