



How does ThermoClinic Work?

A form of energy called Radiofrequency (RF) is applied to the skin via a bipolar applicator to gently heat the skin, promoting accelerated collagen production and contraction of collagen fibres to restructure and tighten the skin.

How is the treatment carried out?

A thin layer of gel is applied to the face and an applicator delivering RF current is moved in circular motions to warm the skin. The desired skin temperature is reached quickly and then maintained for 2 to 3 minutes. Typically each treatment session lasts 30 to 45 minutes. The gel is then removed and a cooling lotion is applied.

Am I suitable for treatment?

Yes, ThermoClinic is suitable for most individuals. However, if you are pregnant or breast feeding, treatment is not advisable.

What should I expect after treatment?

Your skin may be pink for a short time after treatment but this will subside quickly. Normal activities can proceed immediately and no special after care is required. Immediately after treatment, the contraction of collagen fibres improves skin elasticity and the skin may appear firmer. However, the benefits are progressive and the full effect is

generally seen 1 to 2 months after a series of treatments.

How many treatments are necessary?

Generally a course of 6 to 8 treatments are recommended at weekly intervals.

How does the treatment feel?

Treatment is not considered painful - most people actually comment on how pleasurable and relaxing the heating sensation is! Treatment is comfortable due to the unique, multi frequency technology of ThermoClinic.

Are there any side effects?

Side effects are extremely rare but can include slight, short term discomfort which is easily well tolerated. Oedema (swelling) and erythema (redness) can occur, but will disappear within a few hours.

Is the treatment effective?

Yes – the system has been designed by dermatologists and proven to be highly effective for hundreds of people.

Consultation Procedure

Prior to treatment you must undergo a consultation to obtain details about your medical history and confirm your suitability for treatment. Before proceeding with treatment you will also be asked to complete a consent form.



Before treatment for skin tightening and wrinkles



After treatment for skin tightening and wrinkles



Before treatment for skin tightening and wrinkles



After treatment for skin tightening and wrinkles



Before treatment for skin tightening and wrinkles



After treatment for skin tightening and wrinkles

“My clients have said that the treatment is comfortable and relaxing. All of them have noticed an immediate eye lift with the skin treated feeling firmer and much brighter!”
Cathie Stone, The Brookdale Clinic